

## Visitor Guidelines for Gritman Family Birth Center during COVID-19

1. Patients in this unit are allowed up to two approved visitors throughout the duration of their stay.
2. Each visitor/support person must sign this attestation and comply with all measures.
3. During labor each patient is allowed two visitors/support persons.
4. Each Visitor/support person will receive an identifying band that may not be removed until the patient discharges home. The identifying band may not be given to anyone and only the visitor/support person may wear the identifying band and must be worn at all times.
5. Due to space constraints on our postpartum unit, we only have enough room for one visitor/support person to sleep in-house with each patient. When patient is in labor we can accommodate both the visitor and the support person to stay the night.
6. No visitor/support person can be under the age of 18 years old unless they are a minor and married to the patient, or have had preauthorization by the director of the Family Birth Center. Any father of the baby who is a minor may not leave the unit at any time until discharge. If these rules are not followed and father of the baby leaves the unit, he will not be allowed back in to the Family Birth Center.
7. The visitor/support person will wear a mask at all times while inside the hospital, including inside patient rooms.
8. Each visitor/support person will attest that they do not have the following symptoms daily in order to stay at Gritman Family Birth Center (unless attributable to another medical condition and prior authorization):
  - a. Fever (100.0 or above)
  - b. Body Aches (myalgia)
  - c. Cough
  - d. Shortness of breath (dyspnea)
  - e. Throat pain (pharyngitis)
  - f. Decreased or loss of smell or altered taste
  - g. Fatigue
  - h. Nausea, vomiting, or diarrhea
  - i. Headache
  - j. Nasal congestion
  - k. Chills
  - l. Repeated shaking and chills

If any visitor/support person start to display any of the above symptoms you will be honest with Gritman Family Birth Center staff, and immediately leave the facility and not be allowed to return.

9. Each visitor/support person will have their temperature taken twice a day by a Gritman employee.
10. Any visitor/support persons that has traveled outside the Palouse or is coming in our area must self-quarantine for 14 days of arrival prior to the date of visit of Family Birth Center by Idaho Governor's Proclamation.
11. Once the second support person leaves for the night they may not return until the next day. Once the second support person leaves for the day they may not return until the next day. The second support person may stay and visit as long as they want, but once they leave the unit they may not return until the next day.

12. All visitors/support persons will present their state issued divers license, provide their permanent home address, and phone number in case they need to be contacted.

**Visitor/Support Person 1:**

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Visitor/Support Person 2:**

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Patient:**

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

FOR DEMONSTRATION PURPOSES ONLY