

# January

2019

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	<b>31</b> Maple Bar Turkey Pot Pie *Asian Chicken Salad Chicken chili <b>Weekend Schedule</b>	<b>1</b> Danish Fried Chicken Pizza Soup du Jour <b>Weekend Schedule</b>	<b>2</b> Fritter Ropa Viejas Pork chop sandwich *Teriyaki Chicken Salad Salad Bar/Pizza Greek Lemon Soup <b>Gritman Orientation</b>	<b>3</b> Cinnamon Roll Chicken Florentine *Chicken Fajita <b>Quesadilla</b> Caesar Salad Soup du Jour	<b>4</b> Pastry du Jour Bacon Bleu Burger *Curried Sweet <b>Potato, Yellow Split            Pea Stew</b> Salad Bar/Pizza Clam Chowder	
	<b>7</b> Maple Bar Baked Potato Bar *Asian Chicken Salad Salad Bar/Pizza Beef Noodle Soup <b>ALL STAFF</b>	<b>8</b> Danish <b>BBQ Brisket</b> Grilled Cheese *Southwest Salmon <b>Salad</b> Salad Bar/Pizza Cream of Tomato	<b>9</b> Fritter Nacho Bar Turkey Gobbler *Teriyaki Chicken <b>salad</b> Salad Bar/Pizza Greek Lemon Soup	<b>10</b> Cinnamon roll Potato chip crusted cod *Chicken Pad Thai Chicken Caesar Salad Salad Bar/Pizza Soup Du Jour	<b>11</b> Pastry du Jour *Basque Chicken <b>Stew</b> Beef Fajita Wrap Salad Bar/Pizza Clam Chowder	
	<b>14</b> Maple Bar Orange chicken & Fried Rice Pot Roast sandwich *Asian Chicken Salad Salad Bar/Pizza Chicken and rice	<b>15</b> Danish Meat Loaf Italian Grinder *Southwest Salmon <b>Salad</b> Salad Bar/Pizza Split Pea Soup	<b>16</b> Fritter Fish and Chips RB Cheddar Panini *Teriyaki Chicken <b>salad</b> Salad Bar/Pizza Greek Lemon Soup	<b>17</b> Cinnamon Roll Chicken Cordon Bleu *Turkey with wild-rice <b>stuffing wrap</b> Chicken Caesar Salad Bar/Pizza Soup du Jour	<b>18</b> Pastry du Jour Taco Bar *Herbed Cod Plate Salad Bar/Pizza Clam Chowder	
	<b>21</b> Maple Bar Chinese Lunch Plate *South West Wrap *Asian Chicken <b>Salad</b> Ham and Bean soup	<b>22</b> Danish Chana Masala Chicken, Bacon Calzone *Southwest Salmon <b>Salad</b> Cheesy Onion Soup	<b>23</b> Fritter *Honey Garlic Pork <b>Loin</b> Cod Sandwich Teriyaki Chicken salad Greek Lemon Soup	<b>24</b> Cinnamon Roll *Chicken Vindaloo Thai Shrimp wrap Chicken Caesar Salad Italian Wedding Soup	<b>25</b> Danish *Italian Chicken <b>w/asiago-garlic            Sauce</b> Mac and Cheese Bar Clam Chowder	
	<b>28</b> Maple Bar Tuna Noodle cassrole Reuben wrap *Asian Chicken <b>Salad</b> Cheese soup	<b>29</b> Danish Burger Bar BLT wrap *Southwest Salmon <b>Salad</b> Salad Bar/Pizza Lentil Chili	<b>30</b> Fritter Creamy chicken enchiladas Veggie wrap *Teriyaki Chicken <b>salad</b> Greek Lemon Soup	<b>31</b> Cinnamon Roll Chicken Cordon Bleu *Turkey with wild-rice <b>stuffing wrap</b> Chicken Caesar Salad Bar/Pizza Soup du Jour	<b>*In Bold are our            healthy meal choices.            500 calories            contain less than            700 mg sodium</b>	