

# May

# 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>*In Bold are our healthy meal options: less than 500 calories and 700 mg sodium per entree. MyPlate sides included in the Healthy Meal.</b></p>		<p><b>1 Fritter</b> Orange Chicken and Vegetable Fried Rice Turkey Bacon Sub <b>*Mediterranean chicken super grain bowl</b> Greek Lemon Soup <b>Gritman Orientation</b></p>	<p><b>2 Cinnamon roll</b> Roast Beef and Swiss Wraps <b>*Korean Chicken Skewers with pickled Vegetables</b> Chicken Caesar Salad Salad Bar/Pizza Chipotle Turkey Soup</p>	<p><b>3 Pastry du Jour</b> In the Courtyard: Chicken or Beef Fajitas <b>*Chili Rubbed Salmon with Avocado Salsa</b> Strawberry Steak Salad Clam Chowder</p>	
	<p><b>6 Maple Bar</b> Beef Stroganoff  <b>*Asian Chicken Salad</b> Salad Bar/Pizza Creamy Potato Soup <b>All Staff</b></p>	<p><b>7 Danish</b> Spinach-Artichoke Strata Sloppy Joe <b>*Southwest Salmon Salad</b> Ham and Bean soup Salad Bar/Pizza</p>	<p><b>8 Fritter</b> Green Curry Chicken Greek Panini <b>*Mediterranean Chicken super grain bowl</b> Salad Bar/pizza Greek Lemon Soup</p>	<p><b>9 Cinnamon roll</b> Pork Banh Mi Wrap <b>*Caprice Stuffed Chicken</b> Chicken Caesar Salad Salad Bar/Pizza Soup: Chefs Choice</p>	<p><b>10 Pastry du Jour</b> In the Courtyard: Stuffed Flank Steak <b>*Wheat Berry Ribollita</b> Strawberry Steak Salad Clam Chowder</p>	
	<p><b>13 Maple Bar</b> Meatloaf Cupcakes Mexican Stuffed Pita Pockets <b>*Asian Chicken Salad</b> Salad Bar/Pizza Kale and Sausage Soup</p>	<p><b>14 Danish</b> Chipotle shrimp pasta Italian Sub Sandwich <b>*Southwest Salmon Salad</b> Salad Bar/Pizza Chicken Noodle Soup</p>	<p><b>15 Fritter</b> Spaghetti and Meatballs <b>*Mediterranean chicken super grain bowl</b> Salad Bar/Pizza Greek Lemon Soup <b>Hospital Week</b></p>	<p><b>16 Cinnamon Roll</b> Saucy Pork Chops and Rice <b>*Apple Cranberry Chicken Lettuce Wraps</b> Chicken Caesar Salad Salad Bar/Pizza Beef and Noodle Soup</p>	<p><b>17 Pastry du Jour</b>  <b>*Chicken or Fish Tacos</b> Thai Steak Salad Salad Bar/Pizza Clam Chowder <b>Gritman Graze</b></p>	
	<p><b>20 Maple Bar</b> Tuscan Braised Cod Grilled Chicken Naan Wrap <b>*Asian Chicken Salad</b> Salad Bar/Pizza Poblano Chili</p>	<p><b>21 Danish</b> Chicken with Broccoli sauce Burger Bar <b>*Southwest Salmon Salad</b> Salad Bar/Pizza Chicken Tortilla Soup</p>	<p><b>22 Fritter</b> Lasagna Grilled chicken Caesar sandwich <b>*Mediterranean chicken super grain bowl</b> Greek Lemon Soup</p>	<p><b>23 Cinnamon Roll</b> Fried Chicken and Sweet Onion Pasta Salad <b>*Black Bean and Quinoa Burger</b> Chicken Caesar Salad Soup: Chef's Choice</p>	<p><b>24 Pastry du Jour</b> In the Courtyard: Gouda &amp; Mushrooms, Burgers <b>*Italian Chicken w/asiago-garlic</b> Thai Steak Salad Clam Chowder</p>	
	<p><b>27 Maple Bar</b> <b>Grilled Cheese</b> BBQ Brisket <b>*Asian Chicken Salad</b> Salad Bar/Pizza Cream of Tomato Soup</p>	<p><b>28 Danish</b> Cheddar Bacon Asparagus Strata Chicken and Spinach Wrap <b>*Southwest Salmon Salad</b> Salad Bar/Pizza Lentil Chili</p>	<p><b>29 Fritter</b> Shrimp Spring Roll Bowls Classic Beef Stroganoff <b>*Mediterranean chicken super grain bowl</b> Salad Bar/Pizza Cream of Mushroom</p>	<p><b>30 Cinnamon Roll</b> <b>*Honey Mustard Chicken Tenders</b> Meatball Subs Chicken Caesar Salad Salad Bar/Pizza Summer Vegetable Soup</p>	<p><b>31 Pastry du Jour</b> In the Courtyard: Grilled Chicken <b>*Honey Garlic Pork Loins</b> Strawberry Steak Salad Clam Chowder</p>	